

Lip Blush Pre-Care

30 DAYS BEFORE PROCEDURE:

- Avoid fillers and botox in the lip area

2 WEEKS BEFORE PROCEDURE:

- Avoid Glycolic acid, chemical peels, and laser treatments on the face
- Avoid sun and tanning

1 WEEK BEFORE PROCEDURE:

- Avoid all facials, bleaching treatments, or waxings around the lip area
- Keep your lips well hydrated with a good lip balm and drinking lots of water

24 HOURS BEFORE YOUR PROCEDURE:

- NO alcohol or caffeine
- Do not take Aspirin, Niacin, Vitamin E or Advil/Ibuprofen as they act as blood thinner
- Do not wear any lipstick for your appointment
- Your lips should be cleaned with a regular facial cleanser

Please note: If you have been prone to any type of cold sores (*herpes simplex virus*), this procedure could cause an outbreak. It is best to consult with your doctor and upon your doctor's recommendation, take doctor-prescribed or over-the-counter medication such as Acyclovir, Zovirax, or Valtrex days prior to and after the lip procedure to help prevent or lessen the severity of an outbreak.

*****Failure to follow these instructions can lead to bleeding during the procedure, severe inflammation of the treated area, low pigment retention and poor healed results.**