



Lip Blush Aftercare Instructions

It is essential that you follow these instructions after your Lip Blush session, **70% of your healed results depend on how you took care of your lips during the healing process!**

- **Day 1:** Fluids will leak from the tattoo to form scabs. You don't want these fluids to sit on your tattoo and form these scabs. You will want to blot the area with a cotton pad dampened with water (preferably distilled) every hour, and pat the area dry to ensure no fluids sit and form scabs. Apply the aftercare ointment once before going to bed.
- **Day 2-10:** Clean your lips after every meal with a mild alcohol-free soap and water. Do not rub and be very gentle. Make it quick and dry the lips by tapping them with a cotton pad or a clean towel. **Apply the aftercare ointment after every cleaning, and whenever you feel your lips are getting tight and dry. Keeping them covered with a layer of aftercare cream prevents heavy scabbing, and protects the area from external contamination.**

General rules for the first 7 days, or until the peeling is over:

- Don't touch your lips, or pick at the scabs or skin that starts peeling off.
- Don't get the lips soaking wet for too long – it will make the scabs soggy and easier to fall off prematurely. Remember, you want to keep the scabs on for as long as you can, let them fall off naturally. No long hot showers, no swimming, no excessive sweating. If you do sweat on them, dab it off immediately.
- Refrain from working out.
- Don't get toothpaste on your lips.
- Don't put any makeup or care products on the area besides the aftercare ointment.
- Don't eat spicy or very salty foods – they will burn your lips and increase inflammation.
- Don't drink anything too hot – it will trigger swelling and increase inflammation.
- Don't drink alcohol – it will burn and dry out your lips further.
- Don't expose your lips to the sunlight. No tanning in the sun or in tanning beds for 3-4 weeks.
- Don't sleep on your face to avoid lifting your scabs prematurely, and make sure you're sleeping on a clean pillowcase to avoid infection.
- Don't get teeth whitening.

Tip: Refrain from eating for a few hours immediately after the procedure. Drink through a straw or use a disposable paper coffee cup. Itching and flaking may occur during the first 7 days of healing.

What to expect expect after treatment

It is normal to feel your lips tender and swollen after the procedure. Your new lips will go through several phases during the healing cycle and will appear darker and very sharp for a few days after the appointment. During healing, they will lighten 30-40%. As your lips skin naturally exfoliates and regenerates, you will notice color change, disappear and reappear as it settles. Peeling is expected, and lips will appear softer and less visible but will slowly reappear over the next few weeks once the skin is fully regenerated.

*****MEDICAL ATTENTION: IN CASE OF ABNORMAL INFECTION (SEVERE REDNESS, HEAT AROUND THE AREA OF THE PROCEDURE, EXCESSIVE SWELLING, DISCHARGE THAT IS THICK), SWELLING OR PAIN, OR DEVELOPING A FEVER SHORTLY AFTER BEING TATTOOED, PLEASE SEEK MEDICAL HELP FROM YOUR DOCTOR. YOUR HEALTH AND WELL-BEING ARE OF UTMOST IMPORTANCE.*****